

Student Wellbeing - Hauora

5.3

Rationale

1. Waiuku College supports and promotes the underlying concepts of the Health and Physical Education Curriculum both in and out of the classroom. The school encourages student wellbeing through recognizing the physical, mental, social and spiritual dimensions of students, by promoting positive values and attitudes, by promoting health lifestyle options and choices and through managing the impacts of harmful substances and practices on students.

Requirements

1. Health Education is delivered as part of the core junior curriculum to all Year 9 and 10 students for at least 1 period per week
2. Outside organisations and speakers are made available to deliver relevant messaging to students around safe and healthy lifestyle choices
3. Consideration is given to the provision of healthy food and drink options to students both at school and on school related activities
4. The mental and social wellbeing of students is supported through the provision of adequate and qualified school counselling staff and outside provider services
5. Potential harm through drug and alcohol use is discouraged and managed through health lessons, effective pastoral care and management practices
6. The school promotes a culture of students taking personal and collective responsibility for drug and alcohol use
7. Guidance, support and referral services are available for at risk students
8. Student leadership groups related to wellbeing will be encouraged and supported. These could include SADD and PSSP teams
9. Limitation strategies such as the use of surveillance cameras will be used to help maintain a safe and healthy school campus
10. Liaison and cooperation will occur with social agencies such as the Police, CYFS and community groups

Adopted by Board of Trustees: 17 May 2016